



सत्यमेव जयते
Department of Industrial Policy and Promotion
Ministry of Commerce and Industry
Government of India

Post Graduate medical distance diploma courses.



Skill India
कौशल भारत - कुशल भारत



**IAA
CPT**

ACCREDITED



M.A.C
INTERNATIONAL
ACADEMY
MEDICAL AESTHETICS COACHING

BECOME A

**GOV.
CERTIFIED.**

**MEDICAL AESTHETIC PRACTITIONER
IN
3 MONTHS.**

P.G DIPLOMA IN CLINICAL COSMETOLOGY

P.G DIPLOMA IN MEDICAL TRICHOLOGY

P.G DIPLOMA IN NUTRITION & DIETETICS



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COURSE OUTLINE

THREE DISTANCE DIPLOMA'S ARE DIVIDED IN
12 WEEKS POWER PACKED ONLINE PROGRAM ,
WITH ONLINE EASY TO UNDERSTAND PRACTICALS MODULES !

1. CLINICAL COSMETOLOGY
2. MEDICAL TRICHOLOGY
3. NUTRITION & DIETETICS

“

TIMES CHANGE THE METHODS TO DO THINGS
WE NEED TO CHANGE ACCORDING TO TIME ALWAYS,
ONLINE MEDICAL DISTANCE DIPLOMAS ARE
THOSE DESIRED CHANGE EVERY DOCTOR NEEDS !

”



COURSE OUTLINE

AS PER GLOBAL STANDARDS
CURRICULUM FOR
CLINICAL COSMETOLOGY
MEDICAL TRICHOLOGY
NUTRITION & DIETETICS



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**WEEK 0 MINDSET CLASSIFIED SECRETS FOR
SUCCESSFUL PRACTICE IN MEDICAL INDUSTRY**

WEEK 1 INTRODUCTION TO AESTHETICS

WEEK 2 ANALYSIS SKIN/HAIR/NUTRITION

WEEK 3 BASIC SKIN/HAIR/NUTRITION CONDITIONS

WEEK 4 BASIC SKIN/HAIR/NUTRITION THERAPIES

WEEK 5 ADVANCE SKIN/HAIR/NUTRITION CONDITIONS

WEEK 6 ADVANCE SKIN/HAIR/NUTRITION THERAPIES

WEEK 7 COSMETOLOGY VIRTUAL PRACTICALS *

WEEK 8 TRICHOLOGY VIRTUAL PRACTICALS *

WEEK 9 OBESITY MANAGEMENT WITH MACHINES PRACTICALS*

WEEK 10 LASERS IN AESTHETICS RX TX WITH PRACTICALS

**WEEK 11 HOW TO PRESCRIBE ROUTINES/THERAPIES IN
COSMETOLOGY , TRICHOLOGY , NUTRITION.
AESTHETIC MEDICINE**

WEEK 12 SETTING UP & JOURNEY AHEAD

**WEEK 13 & 14 BONUS CONTENT , MASTERCLASS &
LIVE LECTURES & BOOKS FOR REFERENCE LIFETIME ACCESS**

MODULE AND CONTENTS.



WEEK 1.

1 INTRODUCTION TO AESTHETICS

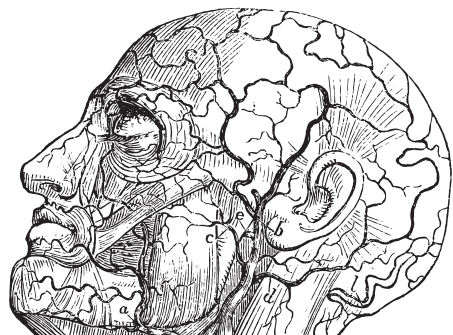
1.1.1 ANATOMY & PHYSIOLOGY OF SKIN

1.2.1 ANATOMY & PHYSIOLOGY OF HAIR

1.3.1 INTRODUCTION TO NUTRITION & DIGESTIVE SYSTEM

ANATOMY

WORKSHEETS & REFERENCE BOOKS & POSTERS



WEEK 2

2.ANALYSIS / DIAGNOSIS / PROTOCOLS IN AESTHETICS

2.1.1 TYPES / CLASSIFICATION OF SKIN SKIN ANALYSIS

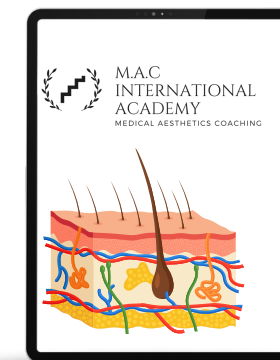
2.2.TYPES CLASSIFICATION OF HAIR HAIR ANALYSIS

2.3.1 FOOD VALUATION ANALYSIS WEIGHT ANALYSIS CALORIE & BODY ANALYSIS

PATIENT CONSULTATION AND SELECTION WORKSHEET & COMPLETE GUIDE , CLINIC USE PRINT MATERIALS - CONSENT & OTHER FORMS



ACCESS COURSE MATERIAL & MODULES 24*7



“ ANYTIME ANYWHERE ANYDEVICE ANYPLACE ”



week 3 & week 4 Tx .Rx.Dx

BASIC CLINICAL COSMETOLOGY

CONDITIONS, THERAPIES

D/D Dx Tx Rx

ACNE

SUNBURN

SUN SPOTS

MILIA

COMEDONES

MELASMA

FRECKLES

SKIN TAGS

PIGMENTATION

WRINKLES

SAGGING SKIN

UNDER EYE DARK CIRCLES

UNDERARM PIGMENTATION

NECK PIGMENTATION

GROIN REGION PIGMENTATION

BASIC MEDICAL TRICHOLOGY

CONDITIONS THERAPIES

D/D Dx Tx Rx

HAIRFALL

HAIR LOSS

GREYING HAIR

PATCHY BEARD AND HAIR

DANDRUFF

ITCHING ON SCALP

OILY SCALP

DRY SCALP

BASIC NUTRITION & DIETETICS

CONDITIONS, THERAPIES

D/D Dx Tx Rx

WEIGHT GAIN

OBESITY

WEIGHT LOSS ANOREXIA

IRREGULAR PERIODS

PCOD/PCOS

FAD DIETS

WORKSHEET , AND USE
TEMPLATES FOR
DIAGNOSIS



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Nutrition Facts	
Serving Size 100 g	
Amount Per Serving	
Calories 250	Calories from fat 10
% Daily Value*	
Total Fat 4%	4%
Saturated Fat 1.5%	4%
Trans Fat	
Cholesterol 50mg	28%
Sodium 150mg	15%
Total Carbohydrate 10g	3%
Dietary Fiber 5g	
Sugars 3g	
Protein 16%	

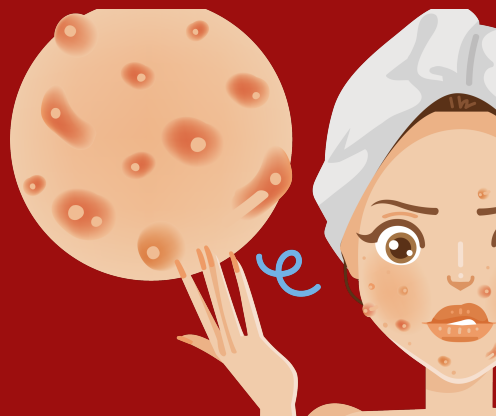
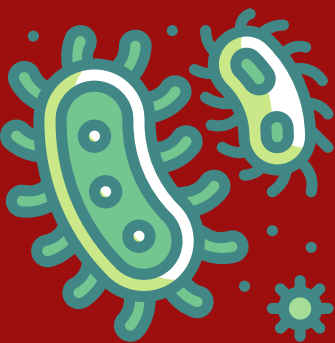
week 5 & week 6 Tx.Rx.Dx

ADVANCED SKIN CONDITIONS
COSMETOLOGY
CONDITIONS & TREATMENTS

ACNE ROSACEA
ACNE VULGARIS
KELOIDS

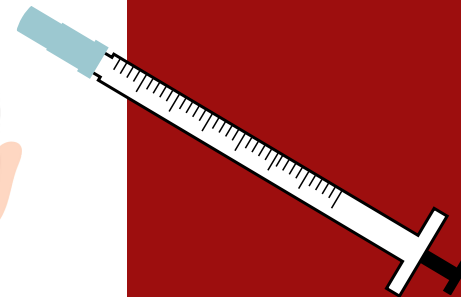
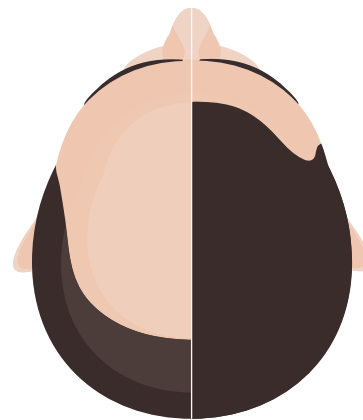
HYPERTROPHIC SCAR
BACTERIAL INFECTIONS
FUNGAL INFECTIONS
VIRAL INFECTIONS

VITILIGO
CORNS CALLUS WARTZ



ADVANCE HAIR
CONDITIONS
TRICHOLOGY
CONDITIONS & TREATMENTS

TRICHOLOGY
ALOPECIA AREATA
ALL ALOPECIA
MALE PATTERN BALDNESS
FEMALE PATTERN BALDNESS
INFECTIONS OF HAIR AND SCALP
HIRSUTISM
OTHER HAIR CONDITIONS



ADVANCE
NUTRITION & DIETETICS

DIABETES AND SUGAR
CONTROL
HIGH BLOOD PRESSURE
BONE PROBLEMS

ARTHRITIS
PREGNANCY & LACTATION
ATHLETICS & SPORTS
NUTRITION



WEEK -7 CLINICAL COSMETOLOGY VIRTUAL PRACTICALS.



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“

**SKIN-VESTMENT
THE ACTION OR PROCESS OF INVESTING TIME &
MONEY WITH EXPECTATION OF ACHIEVING
HEALTHY GLOWING SKIN IN FUTURE
CLINICAL COSMETOLOGY WILL NEVER
GO OUT OF TREND**

”

**CHEMICAL PEELS
ELECTROCAUTERY RF TECHNIQUES
MOLE & SKIN TAGS REMOVAL
MICRO-DERMABRASION
MESOTHERAPY
SKIN INJECTIONS PRP
HIGH FREQUENCY
ULTRASOUND
RF SKIN FIRMING
BIO MACHINE
HYDRAFACIAL
GALVANIC
MNRF
DERMAPEN
DERMAROLLER**

ALL LATEST UPDATED MACHINES TOOLS IN LIVE

WEEK -8 MEDICAL TRICHOLOGY VIRTUAL PRACTICALS.

**LASER FOR HAIR
HIGH FREQUENCY**

**PRP
GFC**

DERMA ROLLER

DERMA PEN

LLLT HAIR

STEAMRX

HAIR INJECTABLES

HAIR MVI

MESO FOR HAIR

HAIR PATCH WEAVING BONDING

HAIR TRANSPLANT

ALL LATEST UPDATED MACHINES

TOOLS IN LIVE



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**“ YOUR HAIR IS THE ONLY CROWN
YOU NEVER TAKE OFF
STUDYING TRICHOLOGY WAS
THE BEST CHOICE ”**



WEEK -9 OBESITY MANAGEMENT VIRTUAL PRACTICALS.



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**“ WEIGHT LOSS STARTS
IN YOUR HEAD , WITH A
DECISION , DECISION OF
STUDYING OBESITY MANAGEMENT
WITH AESTHETICS WAS JUST PERFECT
FOR MY PRACTICE ”**



**COOLSCULPTING
FREEZE FAT REMOVAL
NARF LYPOLYSIS -
BODY CONTOURING & SHAPING WITH RADIO
FREQUENCY.**

**ULTRA LIPOLYSIS (U-LIPO) -
NON SURGICAL MACHINE
MESOLIPOLYSIS & TONING FOR INCH LOSS
ELECTRIC MUSCLE STIMULATORS FOR TUMMY
TUCKS, THIGH TUCKS
MECHANICAL FAT MOBILISERS WITH CELLULITE
MOBILISER.**

**ELECTRONIC THERMAL TREATMENT WITH CELLU-
THERM MACHINE.
EMS**

WEEK -10 LASERS IN AESTHETICS

VIRTUAL PRACTICALS.



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BASICS OF LASER
IPL TREATMENTS
LASER HAIR REDUCTION
DIODE LASER
TATTOO REMOVAL LASER
Q SWITCH LASER
Q SWITCH ND-YAG PICO
HIFU & LASER

LASER SKIN LIGHTENING
LASER FOR PIGMENTATION
FRACTIONAL LASERS
LASER MOLE REMOVAL
SKIN REJUVENATION LASER
VAGINAL REJUVENATION LASER
NEW TECHNOLOGIES



**FOCUS ON YOUR GOALS LIKE
A LASER.**

**LASERS ARE THE BEST
ADDITION TO TAKE MY
GENERAL PRACTICE
TO SUPER SPECIALITY**



WEEK -11 AESTHETIC MEDICINE

CLINICAL COSMETOLOGY MEDICINE /Rx PRODUCTS /DIETS
MEDICAL TRICHOLOGY MEDICINE /Rx PRODUCTS / DIETS
NUTRITION AND DIETETICS MEDICINE / Rx PRODUCTS / DIETS
OTC PRODUCT DISCUSSION
DISPENSING AESTHETIC MEDICINE IN PRACTICE



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WEEK -12 SETTING UP YOUR PRACTICE

READY FOR LAUNCH
DCAM DREAM CLIENT ATTRACTION METHOD . HOW TO EARN FROM PATIENTS
BUYING THE RIGHT AESTHETIC SETUP
PURCHASING EQUIPMENTS , MEDICINE , AND ALL ESSENTIALS
MEDICO-LEGAL SUPPORT & GUIDANCE
ALL FORMS (PATIENT INTAKE , ANALYSIS FORMS , CONSENT , PRE &. POST ETC)

WEEK -13 MASTER CLASS & LIFETIME BONUS PRACTICALS

**BOTOX FOR FACE
&
HYPERHYDROSIS**

**LIP TINT
CHEEKS TINT**

**P.P.C
FAT DISSOLVING
INJECTABLE**

GLUTAHIONE

**P.D.O
THREADS
SCALP THREADS**

**MEDI -E
HYDRAFACIALS**

**B.B GLOW
NANO NEEDLING**

FILLERS

BOTOX®
onabotulinumtoxinA injection

stayve
UK

Allergan™



**WHATSAPP COMMUNITY OF
DERMATS , SURGEONS & G.P'S ,**

LIVE DOUBT SOLVING GROUP

**PLENTY OF REFERENCE MATERIAL &
BOOKS**

**NETWORKING WITH THE
BEST IN THE INDUSTRY**

**NEW UPDATES &
LIVE CLASSES**





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“

**EMBARK
ON A DISTANCE MEDICAL DIPLOMA COURSE
WITH **M.A.C**
LET YOUR PASSION IGNITE
A REWARDING JOURNEY
OF LEARNING, GROWTH & MAKING A LASTING IMPACT ON LIVES.
JOIN **M.A.C** AND EMBRACE THE
POWER TO CHANGE YOUR WORLD.**

”

@medicalaestheticscoaching

**"OPPORTUNITY KNOCKS, BUT IT DOESN'T WAIT AROUND.
THE FUTURE BELONGS TO THOSE WHO TAKE ACTION
TODAY!
JOIN M.A.C INTERNATIONAL & OPEN THE DOOR TO A
WORLD OF POSSIBILITIES."**

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M.A.C INTERNATIONAL



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